



# LYTE<sup>®</sup>

## User Manual





# LYTE<sup>®</sup>

Level Up  
Your Fitness  
Game

### Introducing **LYTE**

LYTE is built to bring clarity to your health.

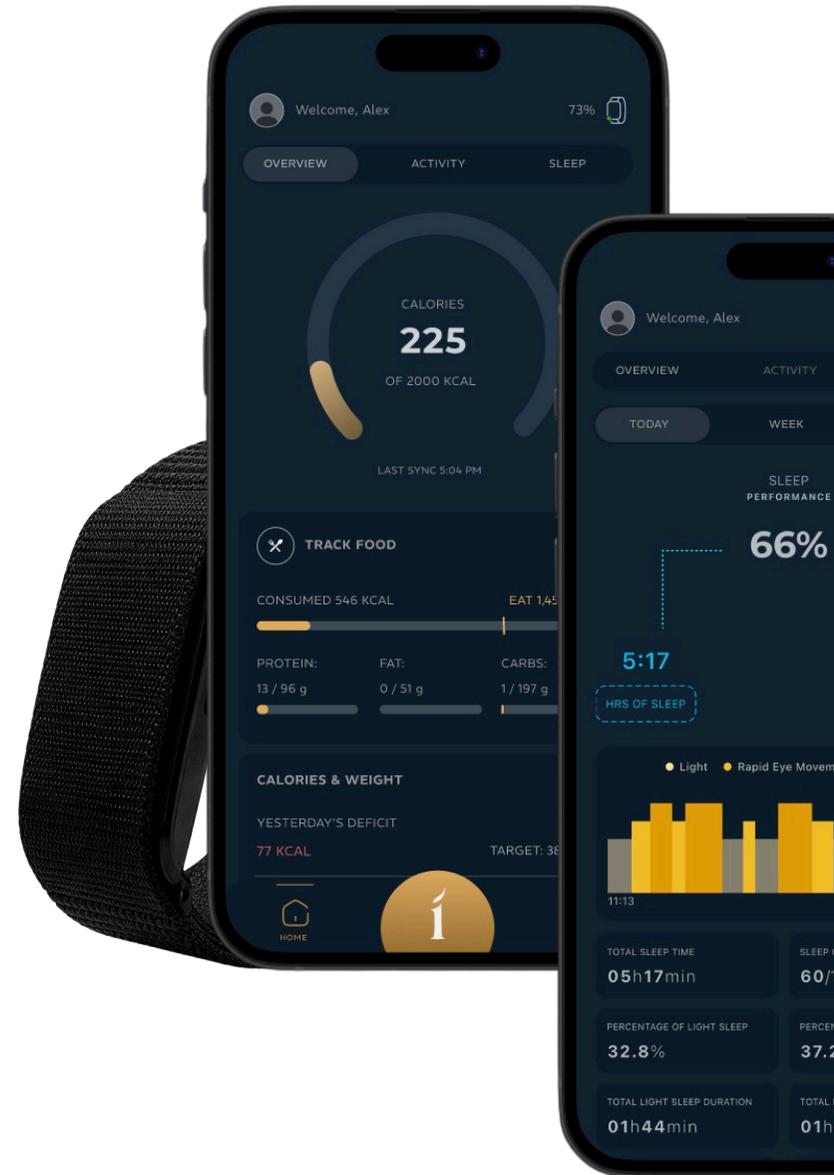
The LYTE Health Band is a sleek, lightweight wearable designed to continuously monitor the signals that matter most — activity, heart rate, sleep, and daily wellness.

Working seamlessly with the LYTE companion app, it transforms everyday health data into simple insights that help you move better, sleep smarter, and live healthier.

LYTE works quietly in the background, giving you a clearer understanding of your body and your lifestyle — every day.

Our mission: Smarter health through intelligent technology.

Welcome to the LYTE Health Experience.



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1. Magnetic Charging

2. Power On / Off Button

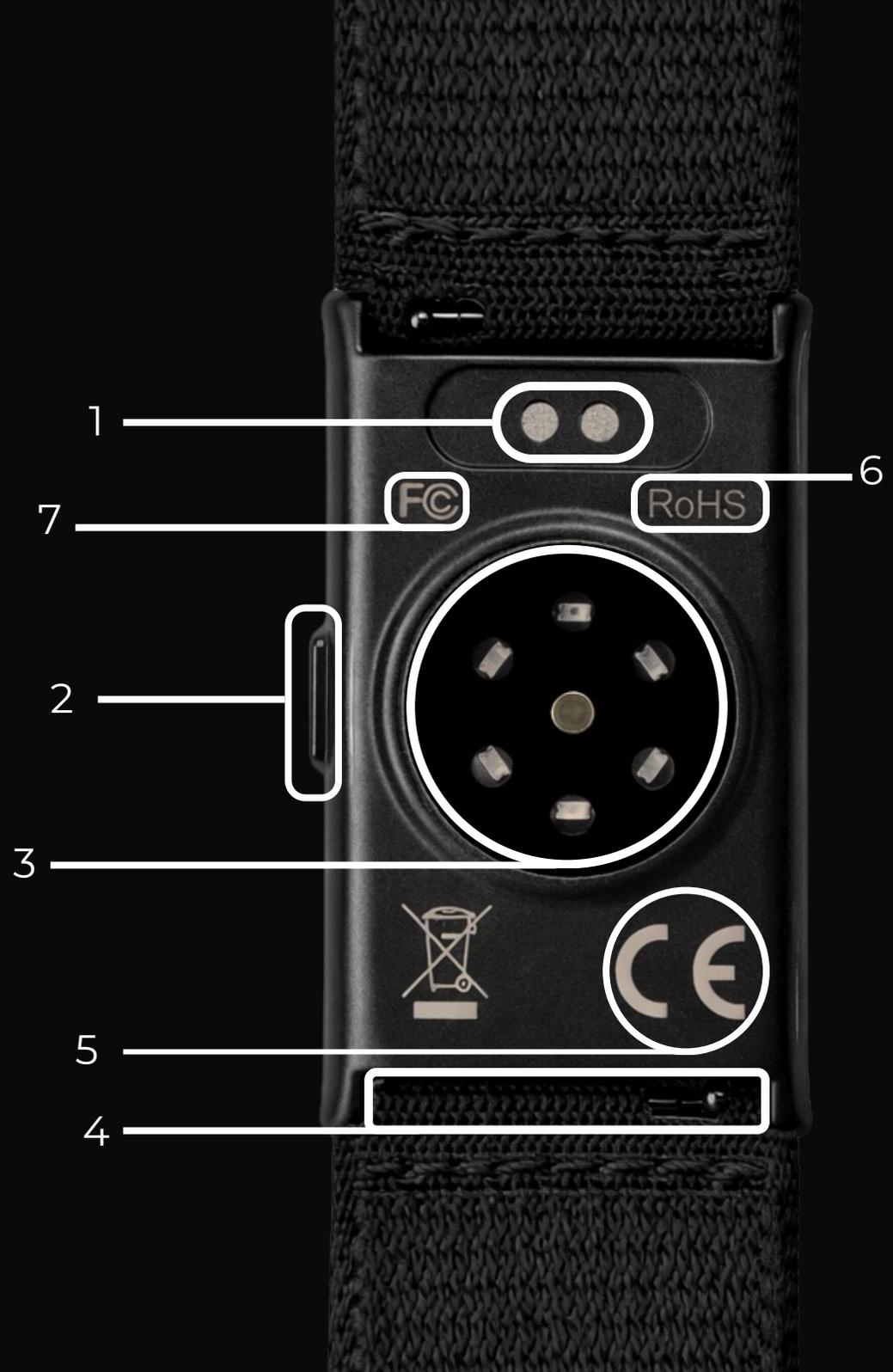
3. Advanced Health Sensors

4. Quick-Fit Lock

5. Safety Certifications Certified

6. Environment Friendly

7. US EDC Compliance Certified



### Wearing Your LYTE Band

For accurate health tracking, wear the

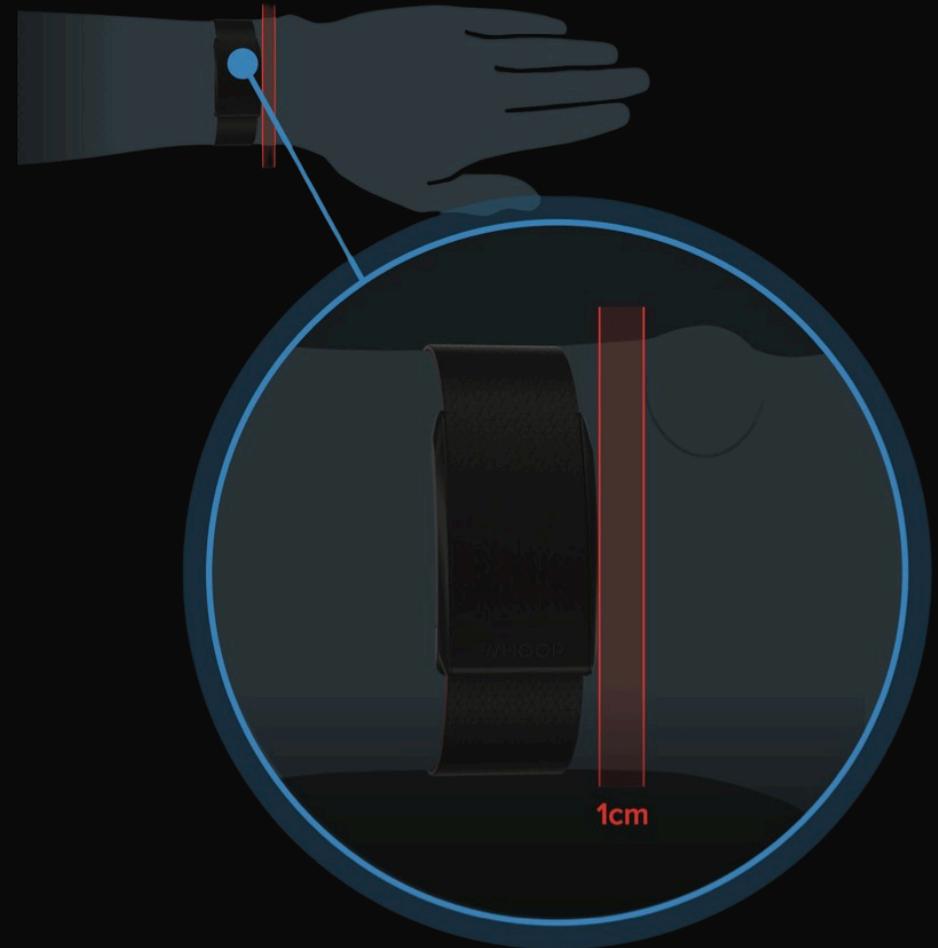
#### **LYTE Health Band**

about 1–2 cm above your wrist bone.

Ensure the band fits securely and comfortably, allowing the sensors to maintain steady contact with your skin throughout the day.

The band should feel snug, but never restrictive.

Tip: If the band moves frequently or you can easily slide a finger underneath, adjust the strap for a more secure fit.



## Magnetic Charging

Charging shouldn't feel like a task.

Magnetic pogo-pin tech makes powering up effortless, safer, and way more reliable — especially for wearables.

Charging shouldn't feel like a task. Magnetic pin tech makes powering up effortless, safer, and way more reliable.

## Snap. Charge. Done.

The magnetic alignment automatically guides the charger into the perfect position. No guessing, no forcing, no wrong plugging angles.

Upto 25 Days of Battery backup on a single Charge \*



### **Seamless Connection with LYTE**

Stay connected without the hassle.

LYTE uses advanced Bluetooth Low Energy (BLE) technology to ensure fast pairing, stable communication, and efficient power usage — so your focus stays on fitness, not connectivity.

### **Instant & Effortless Pairing**

LYTE connects to your smartphone in seconds.

The optimised BLE protocol ensures a smooth, interruption-free setup experience every time.

### **Reliable Real-Time Data Sync**

From heart rate to activity tracking, data is transmitted continuously with minimal latency.



# How to Connect LYTE Band with iPhone (iOS)

Follow these quick steps to get your LYTE Band connected and ready:

### 1. Turn ON the LYTE Band

Press and hold the power button or tap the screen to wake the device.

### 2. Enable Bluetooth on iPhone

Go to Settings → Bluetooth → Turn ON.

### 3. Install the LYTE App

Download the official **LYTE Health** app from the App Store.

### 4. Open the LYTE App

Allow all required permissions (Bluetooth, Notifications, Health access if needed).

### 5. Start Device Pairing

Inside the app, tap “Add Device” / “Pair Band”.

### 6. Select Your LYTE Band

Choose your band from the list of available devices.

### 7. Confirm Pairing Request

Tap Pair / Confirm when prompted on iPhone or band screen.

### 8. Sync & Setup

Wait for initial data sync and complete profile setup.

### 9. Stay Connected

Keep Bluetooth ON and app running in background for real-time data updates.

### Done. You're Ready to Go.

Your LYTE Band is now connected and tracking your fitness seamlessly.

SCAN QR CODE TO



DOWNLOAD LYTE APP

# How to Connect LYTE Band with Android

Get started in just a few simple steps and unlock your fitness tracking instantly.

### 1. Power ON the LYTE Band

Press and hold the power button or tap the screen to wake the device.

### 2. Turn ON Bluetooth on Phone

Go to Settings → Bluetooth → Enable.

### 3. Install the LYTE App

Download the official LYTE app from Google Play Store.

### 4. Open the App & Allow Permissions

Allow Bluetooth, Location, Notifications, and Activity access for proper functioning.

### 5. Start Pairing Process

In Bluetooth Screen, device will appear - **(Device needs to be in active state)**

### 6. Select Your LYTE Band

Choose your band from the nearby device list.

### 7. Confirm Pairing

Tap Pair / Allow when the confirmation popup appears.

### 8. Initial Sync & Setup

Wait for syncing to complete and finish your profile setup.

### 9. Keep Connection Active

Keep Bluetooth ON and allow background activity for uninterrupted tracking.

You're all set. Stay LYTE. Stay Active.

SCAN QR CODE TO



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## LYTE Band — Troubleshooting Guide

### 1. LYTE Band is not visible in the device search list.

Ensure LYTE Band is Powered ON

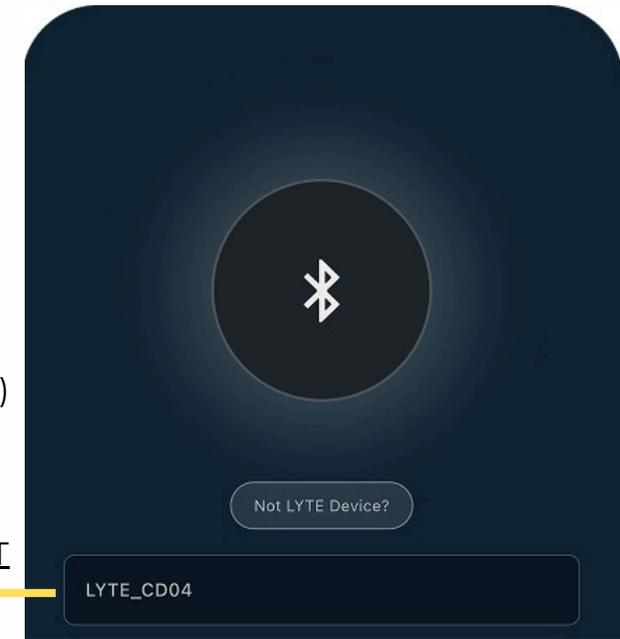
To check if the band is active, press the power button once.

- Single Red Blink — Band is ON but not connected. (First-time pairing or no active connection)
- Single Green Blink — Band is already connected to a nearby device.

If the band is still not detected:

Turn the band OFF, then power it ON again and retry pairing.

LYTE BAND IN DEVICE LIST

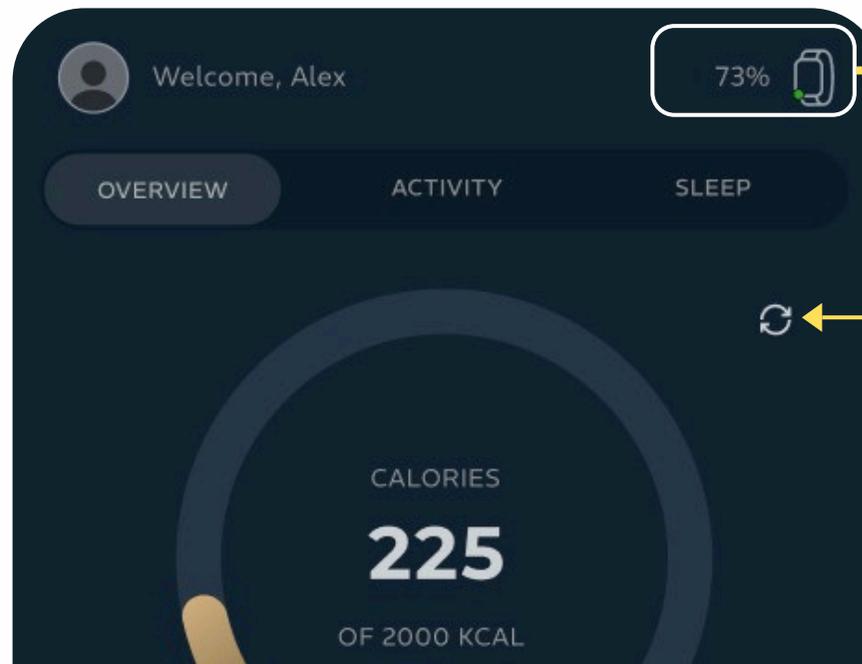


### 2. Updated Data not visible

Click on Sync  icon visible

Updated data will start syncing.

Battery Status when Connected



SYNC ICON

FIBERISE FIT WELCOME'S YOU



**TO LYTE FAMILY**

STAY CONNECTED. STAY HEALTHY